

A Transformation Party™!

What on earth is a transformation party™?

In a few fun hours with a small gathering of friends, you will learn new ideas that can transform your life. Forget therapy, coaching is the way to go! Stars have their own life coaches, why not you? Come join the new trend that is sweeping the country.

- Interested in **changing your job or career**?
- Think it's impossible to **put yourself first**?
- Is it time for you to **start your own business**?



What can I expect at a Transformation Party™?

- You'll hear **an informative talk**.
- Enjoy some **group coaching**.
- **Brainstorming, practical solutions** to your problems. . .And a lot of laughter

Call now, groups are small and space is limited:

877-500-5717

adria@adriafirestone.com

go to www.adriafirestone.com for more information

How much does this cost? There is a registration fee that varies with location.

People are saying



Adria Firestone, the Walk Your Talk Guru, enables her creative and professional clients to harness their fears, voice their vision and change their lives. Adria specializes in personal development, business start up and career transition.

Adria has given seminars and self-help, presentation skills, and communication throughout the world and is presently on the faculty at New Jersey City University.

Get Real, Get Clear & Get Going!

Coaching with Adria clarified my goals and priorities. I was able to quickly remove self erected barriers and take risks to achieve what I really wanted.

- D deZylva

I started off thinking, "How hokey is this?" But it was practical; a real jumpstart for my business!

- C. Rivera

You have inspired me to take more risk. Immeasurable wisdom packed into two hours.

- T. S. Sanders