

Speaker, Adria Firestone, opens your attendees' hearts with her award-winning voice in song, ignites the refining fire of transformation, and inspires her listeners to action long after the applause dies down.

# Adria Firestone

**You Are the Artist of Your Life: Consultant & Coach**

As a certified Rapid Results Coach and Consultant, Adria empowers her clients worldwide to design fulfilling lives, navigate career transitions, enhance presentation skills, and cultivate confidence and resilience.

Award-winning Singer/Actor | Bestselling Author | TMRT Facilitator



## TOPICS: KEYNOTES, WORKSHOPS, TRAININGS, RETREATS

### YOU ARE THE ARTIST OF YOUR LIFE: DESIGN YOUR MASTERPIECE

- Embrace your inner rebel; live on your terms.
- Shatter societal expectations; respect your true self.
- Unleash your unique gifts; create the life you desire.

Through riveting stories and actionable insights, Adria Firestone will inspire your audience to step into their authentic selves and design a life that truly lights them up.

### CHARISMA IS NOT A GIFT FROM THE GODS - IT'S A SKILL YOU CAN MASTER

- Learn to channel your presence to captivate any room.
- Decode your body language: what's *your* body saying?
- Master the art of speaking with impact & command.

Charisma isn't reserved for the lucky few - it's a skill anyone can learn. Adria Firestone will show your audience how to align their appearance, voice, and actions to unleash their true charismatic potential.

### FROM BREATH TO BREAKTHROUGH: EMPOWER YOUR LIFE

- Boost emotional resilience and recovery.
- Conquer stress-related illness and reclaim joy.
- Transform trauma and step into your full potential.

Firestone's journey from frailty to fame reveals the life-changing power of breath. Her talk will leave your audience energized and equipped with practical tools for transformation.



Adria is a master speaker, singer and magical storyteller. She is authentic, transforms her listeners, and combines common sense and a warm, engaging sense of humor that fuses into a perfectly nuanced package.

**Michael Hirsch, Director | Actor | Composer**



Adria is as powerful as a Category 4 hurricane but comes at you like gentle rain.

**Grace Valdes Hexter, Psychotherapist | LCSW**



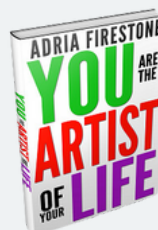
Adria is a force of nature. She is multi-talented and brilliant at communicating with and inspiring an audience in a darkened theater, a student master class, or a professional boardroom.

**John Hoopes, Gen. Director, Nashville Opera**



I am speechless! I have often felt as if I am living someone else's life. After this talk, I truly realized it's MY life, and I have nothing to regret. Your personal life examples are great inspiration and I want to hear more, much more...

**Natalya Brook, Proj. Manager, WCGMedAvante**



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